

Classroom Breakfast



Nutrition services prepares meals, for example:

- Whole grain cereal, non/low fat milk, and fruit -or-
- Bagel, low fat string cheese, milk, and fruit -or-
- Breakfast burrito with eggs and low fat cheese, milk, and fruit.



Meals are delivered to the classroom, for example:

- Nutrition services staff delivers meals -or-
- Teachers pick up meals before school begins -or-
- Assigned students from each room pick up meals on their way to class.

Breakfast is served, eaten, and cleared in the first 10-15 minutes of the school day.



Meals are served, for example:

- Teachers lay out meals for each student -or-
- Assigned students serve meals to the class -or-
- Each student selects a meal before taking a seat.



Students eat and learn, for example:

- Teachers take roll, read aloud, check homework, or conduct skill reviews.
- Students read silently, listen to announcements, complete math and language arts exercises, or engage in a nutrition lesson.



Clean up

- Students dispose of their trash -and-
- Trash bags/bins are moved outside of the classroom.
- Then the custodial staff collects bags/empties cans -or-
- Students dispose of bags while returning leftover food to the cafeteria.